

“Stephanie helps people find the answers within themselves. She helps us uncover who we are, what we want, and what we need to do to get there, but is not prescriptive or domineering. It’s about helping us find our own answers and understand ourselves and our context better.”

*—Vice President /
Executive Coaching
Client*



STEPHANIE AU

STELLAR COMBINATION OF BUSINESS EXPERIENCE, KNOWLEDGE AND MOXIE

Stephanie Au develops leaders. As a Partner at DoorTwo and a veteran of Human Resources and Organizational Development, Stephanie helps leaders hone their ability to become aware that how they “show up” each day impacts the people around them, and in turn, their business results. Moving seamlessly between classroom-based facilitation, group work, and one-on-one coaching, Stephanie brings a stellar combination of business experience, behavioral science knowledge, and straight-up moxie to her clients, transforming their communication with staff, their colleagues, and their families.

GUIDING LEADERS TO TRANSFORM CULTURES FOR SUCCESS

AFTER EARNING HER business degree at Portland State University, Stephanie established Human Resources departments within small companies in the fields of real estate, architecture, and technology. Not long after, she was offered a position as HR Director for a healthcare insurer on the island of Guam, and she jumped at the chance to move there with her young family.

Stephanie quickly learned to adapt to the affiliation-culture on Guam, which differed from that of the mainland.

“With a real focus on leadership and business outcomes, Stephanie brings personal experience, and deep knowledge of how people interact to engagements. This allows people to focus and be better leaders as a result but it also provides you the opportunity to be a better human being as well.”

—Vice President / Executive Coaching Client

She completely changed her methods and practices to get to know employees and gain their trust, as Stephanie never asks those she leads to take on something she isn't willing to do herself. In short order, both employee satisfaction and the organization's profits soared.

In 2018, Stephanie co-designed and executed a leadership foundation program for Nestlé USA that was delivered to all 170 of Nestlé's top leaders.

Shortly after, she began coaching executives on how to integrate these new models, and the leadership culture within Nestlé began to transform. The program was so well-received, Stephanie and her partners have since taught it to more than 2,500 Nestlé USA employees. Stephanie continues to guide Nestlé's leaders on their strategic and organizational design efforts and has become a trusted advisor to the executives and their teams.

“Stephanie holds a mirror up, creating context by understanding the environment and allowing you to discover where you want to go.”

—Vice President / Executive Coaching Client

Stephanie completed her MS in Psychology and BS in Business Administration and is currently certified in numerous business models, including human motivation, mastering leadership, appreciative inquiry, communication, and change management.

Outside of her coaching and culture transformation work, Stephanie is many other things. She has an adventurous spirit and loves to travel. Outside of a meeting room, she is happiest on a yoga mat or on the beach with her family and a stack of books.

AREAS OF EXPERTISE

- Aligning Leadership Teams
- Applied Radical Candor
- Assertive Communications
- Communication
- Culture and Climate Transformation
- Followership
- Leadership Development
- Motivation Theory and Achievement
- Organization Development
- Scaling Startups

EXPERIENCE

- Nestlé
- Zurich North America
- Kaiser
- Emerson
- Edwards Lifesciences
- Cornerstone
- Long Beach Transit
- TakeCare Insurance Company
- Sienna Architecture Company
- Hewlett Packard

EDUCATION

- Bachelor's of Business Administration, Portland State University
- Masters of Science in Psychology, Walden University

To meet Stephanie and book a consultation, call +1-310-515-7555